



A DEGREE OF CONTROL

Information for Your
Hair Stylist or Hairdresser

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PAXMAN^o
PIONEERS IN SCALP COOLING

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While women are having chemotherapy treatment and scalp cooling, it is important to have the least amount of stress to the hair as possible. Paxman recommends that women having scalp cooling try to avoid going to their hair stylist or hairdresser, but if they do go, please comply with these 5 points:



1

Avoid harsh hair treatments such as coloring, extensions, braiding, curling, and straightening.



2

It is really important that you regularly brush your hair to avoid excessive tangling. Use the Tangle Teezer The Original detangling hairbrush provided by Paxman or a good-quality brush and brush hair gently. Poor-quality brushes can snag and tear hair.



3

Wash hair using lukewarm water. Use a mild, sulfate-free shampoo. While undergoing chemotherapy, the scalp can become sensitive to the perfumes and preservatives in shampoos. When washing hair, keep it out straight. Never pile hair on top of the head when shampooing or conditioning. Always use plenty of conditioner.



4

Style hair with your fingertips. To manage tangles, use a lot of hair conditioner, then brush with the Tangle Teezer The Original detangling hairbrush, which is provided, or a wide-tooth comb. It also helps to hold the hair above the tangles so that it does not stress hair roots.



5

Avoid using excessive heat on the hair; dry gently, and do not use hair straighteners.



Once the woman has completed her chemotherapy and scalp cooling, we suggest she continue with overall gentle hair care. The main reason we advise against hair coloring during treatment is that scalp skin sensitivity is often heightened by the chemotherapy drugs. This increased sensitivity can last a while after treatment completion. We recommend that an experienced hair stylist or hairdresser do a skin patch test for sensitivity prior to coloring the woman's hair.

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